



# U.P.A.C

UNITED PEACE OFFICERS AGAINST CRIME

Celebrating 24 Years of Service to Our Communities

*Summer*  
**CAMP**

*School*  
**Assemblies**

*After-School*  
**Programs**





*Celebrating 24 Years*



**UPAC Circa 2000**

UNITED PEACE OFFICERS AGAINST CRIME

Los Angeles County Sheriff Department  
Los Angeles County District Attorney

Los Angeles County Probation Department  
Los Angeles Police Department

UNITED PEACE OFFICERS AGAINST CRIME

UPAC



# U.P.A.C

UNITED PEACE OFFICERS AGAINST CRIME

*Celebrating 24 Years of Service to Our Communities*

*Summer*  
**CAMP**

*School*  
**Assemblies**

*After-School*  
**Programs**

## Mission Statement

**UNITED PEACE OFFICERS AGAINST CRIME** *is to make a positive difference in the lives of children and youth primarily through mentor ship with a caring adult, and to assist them in achieving their highest potential as they grow to become confident, competent, and caring individuals, by providing committed volunteers, community leadership and standards of excellence*

**Partners:** *Butter Fly Program, A Better LA, R.A.C.E, Kedren Mental Health A.P.U.U.-Advocates for Peace and Urban Unity, C.A.R.R.Y-Coalition for At Risk Youth, Los Angeles Coounty Sheriff's Department, Los Angeles Police Department, Los Angeles County District Attorney-Juvenile Offender Intervention Network, Los Angeles Probation Department*

## Organization Information

In 1988, as a result of continuous youth violence and the general deterioration of public safety, a group of Los Angeles Deputy Sherriff's received permission from the Sheriff's Office to establish United Peace Officers Against Crime (UPAC). Staff members volunteer their off-duty time to operate the organization as a non-profit tax-exempt entity, under 501c(3) of the IRS code.

UPAC's programs are diverse and unique. We offer youth the following opportunities: **SCHOLARSHIPS**– Thanks to the outstanding support from the community and department members, U.P.A.C. is able to provide scholarships to student from within Los Angeles County on an annual basis.

**AFTER-SCHOOL PROGRAMS**- Our programs are designed to provide leadership, education and mentor opportunities for at-risk youth,. our 20-week curriculum sessions empower them with the tools necessary to lead productive and successful lives.

**SCHOOL ASSEMBLIES** – UPAC has acted on it's desire to make a strong impact on juvenile related crimes by partnering with public schools and the Probation Department to promote an information campaign with our school assemblies. Each year, we are able to reach thousands of students, explaining the dangers of gun violence, gang participation, drug usage, and respect for parental authority.

**SUMMER CAMP** – Camp UPAC is a week-long summer camp experience at Big Bear for youth ages 7-18. Our sessions are conducted with an emphasis placed on alternatives to street violence and gang activity. In addition mentoring, youth are exposed to exciting outdoor activities such as canoeing, hiking, horseback riding, swimming, art & crafts and old fashion camp fire meetings.

**U.P.A.C.** provides students with the stimulus for education through positive role models before they fall prey to destructive activities associated with gangs and drugs. U.P.A.C. encourages primary and secondary students through, Summer Camp, and After School Program and our Eddie Eagle Program. U.P.A.C. targets students between the ages of 6-18. The target areas are typically lower, and lower-medium income single family dwellings. The children of these homes have not historically participated in formal organized activities or youth summer camps for a variety of reasons, including lack of family encouragement, peer pressure, and lack of financial support. U.P.A.C.'s ethnically diverse programs are specifically designed for this type of child.

In the previous 23 years, we have averaged 20 school assemblies per year, reaching approximately 1400 students per assembly. Our annual week long summer camp have, for 22 years consistently, hosted over 400 students. For young people residing in depressed areas, with substantial levels of narcotic and gang activity, this component of our program continues to bolster self-esteem for the participating members (students) and promote better relations between The Community, and Law Enforcement. The staff consisting of both sworn and civilian volunteer personnel has pledged a strong commitment to the communities we serve, and in so doing, we have worked to develop a partnership between our residents, students, and school administrators we volunteer our off duty hours to operate the program.

Ultimately, U.P.A.C. has developed unique programs that consist of five main components:

- **School Assemblies**
- **Summer Camp**
- **After School Program for High Offender At-Risk Kids**
- **Eddie Eagle Gun Safety & Awareness Program**

**School Assemblies:** Uniformed deputies (U.P.A.C. members) depict experiences working in custody environments. Jail attire and gang chains are utilized as training tools so that the students can observe the harsh realities of how gang life and drug use ultimately led to incarceration. Additionally, a slide presentation of jail life is show at each assembly. We have expanded this section of the program to include incarcerated youths from the Probation Department to explain to school kids where they went wrong so that others will not follow in the same path.

**Summer Camp:** As a positive alternative to anti-social behavior, students living in areas throughout Los Angeles County who are exposed to negative influences, such as gang involvement and narcotic abuse are offered an opportunity to participate in our summer camp program.

U.P.A.C. targets students between the ages of 7-18 for the annual week-long self-esteem building recreational and tutoring program. The target areas are typically from lower, and lower-middle income single families throughout the City of Los Angeles. The children of these homes have not, historically participated in formal organized sports or youth summer camp opportunities for a variety of reasons, including lack of family encouragement, peer pressure and lack of financial support. U.P.A.C.'s ethnically diverse programs are specifically again designed for this type of child.

The after school program provides a swift and local service response to youth behavior problems so that future involvement with the criminal justice system may be avoided. The District Attorney Office, Sheriff's Office, Probation Department, Los Angeles Police Department form the collaboration.

Curriculum:

- |                                  |                                   |
|----------------------------------|-----------------------------------|
| • <b>Violence Prevention</b>     | • <b>Gang Diversion</b>           |
| • <b>Life Skills</b>             | • <b>Anger Management</b>         |
| • <b>Self Esteem uplifting</b>   | • <b>Race Conflict Resolution</b> |
| • <b>Evidence Based Practice</b> |                                   |

A minor is referred to our program by a parent or guardian, a law enforcement officer, a probation officer, a child welfare agency, or a school, or a minor may self-refer or be at risk of the justice system due to chronic disobedience to parents, curfew violations, repeat truancy, incidents of running away from home, experimentation with drugs or alcohol. UPAC target and provide these services to at-risk children from between the ages of 7-17 years of age. The program will provide the children with a (20) twenty week session of self-esteem building, recreation, and counseling services, The self esteem classes include peer group discussions on how to dress appropriately and not be afraid to gather advice from peers and to avoid gangs.





Accredited by the  
**American Camping Association**

Camp UPAC is proud to be accredited by the American Camping Association. Developed exclusively for the camping industry, this nationally recognized program focuses on program quality and health and safety issues and requires us to review every facet of our operation.

Camp UPAC has voluntarily submitted to this independent appraisal done by camp experts and has earned this mark of distinction.

When a camp is accredited, it means that the operators have voluntarily invited an outside team of visitor, trained by the American Camping Association, to verify compliance with the standards in all areas of camp operation which includes the following:

**SITE:** including fire protection, food service, sleeping quarters, bathing and toilet facilities.

**ADMINISTRATION:** procedures for overall site safety, child protection, and administrative concerns.

**TRANSPORTATION:** procedures concerning drivers, vehicles, and traffic on the site.

**PERSONNEL:** staff qualifications and training, supervision ratio and procedure.

**PROGRAM:** activity leader qualifications, safety regulations, facility and equipment requirements, and procedures for conducting program activities.

**HEALTH CARE:** staff qualifications, procedures, facility requirements, record keeping, and health information requirements.

**AQUATICS:** leadership qualifications, safety regulations and procedures, facility and equipment requirement.



What a WONDERFUL World

Eddie Eagle  
**Gun Safety Program**

The UPAC Eddie Eagle Gun Safe Program teaches children in pre-K through third grade four important steps to take if they find a gun. These steps are presented by the program's mascot, Eddie Eagle, in an easy-to-remember format consisting of the following simple rules:

**If you see a gun:**

**STOP! • Don't Touch. • Leave the Area. • Tell an Adult.**

Begun in 1988, The Eddie Eagle GunSafe Program has reached more than 21 million children in all 50 states. This program was developed through the combined efforts of such qualified professionals as clinical psychologists, reading specialists, teachers, curriculum specialists, urban housing safety officials, and law enforcement personnel.

**Eddie eagle**



Magnum is intelligence having fun

# “Inspired, Empowered & Changed”



5



United Peace Officers Against Crime (UPAC)



6

Coalition for At Risk Youth (C.A.R.R.Y)





**LOS ANGELES COUNTY DISTRICT ATTORNEY'S OFFICE  
BUREAU OF SPECIALIZED PROSECUTIONS • JUVENILE DIVISION**

STEVE COOLEY • District Attorney  
JOHN K. SPILLANE • Chief Deputy District Attorney  
CURTIS A. HAZELL • Assistant District Attorney

RICHARD DOYLE • Director

15723 MANSEL AV # 11  
1234 Oak St.

**JUVENILE OFFENDER INTERVENTION NETWORK  
(J.O.I.N.) PROGRAM - NOTICE OF COMPLETION**

RE: Citation #: R670534  
DA Case #: 20120008

Dear John Doe

CONGRATULATIONS! A review of our J.O.I.N. program records indicates you have successfully completed all conditions of your contract with the District Attorney's Office and the J.O.I.N. program.

You have demonstrated a sincere desire to put this matter behind you. In keeping with our word, this case has been closed and you will have no criminal conviction on your record as relates to this offense.

We trust this experience has caused you to consider the consequences of your actions on yourself, your family and your community. It is our hope that you will hold steadfast to your recent commitment and will always try to use good judgment in the future.

Very truly yours,

STEVE COOLEY  
District Attorney

By  
LIANNE OSENDORF  
310 419-5223  
Hearing Officer



7

Even  
**Miracles**  
take a little time.  
The Power of Transformation

## After School Programs

UPAC was founded in 1988 by Los Angeles County Sheriff's Department personnel based on the foundation that law enforcement could play a more proactive role in preventing kids from resorting to crime and gang life. By providing positive role models and positive interactions with law enforcement personal, UPAC encourages youth to make healthy and proactive decisions. The law-enforcement members of UPAC believe that fighting the causes of criminal behavior will help them to fight crime.

The United Peace Officers Against Crime (UPAC) is a community based organization made up of law enforcement officers, community members and parents dedicated to breaking the cycle of youth violence in Los Angeles. Through evidence-based intervention and prevention techniques UPAC builds self-esteem and empowers at-risk youth and their families with alternative perspectives towards gang violence. UPACs unique techniques and partnerships give youth a different outlook on life and law enforcement.

**Mission** - Empower at-risk youth and their families with positive alternative perspectives through a collaborative, community-driven portfolio of programs including summer camp, drama ensembles, after-school education, parent workshops, community forums and scholarship.

**Vision** - UPAC's long term vision is to heal communities by breaking the cycle of youth violence from the ground up through partnerships with youth, law enforcement, educators, local businesses, community leaders and government.

**Youth violence** is a serious problem in California, and no one is immune from the impact that gangs and youth violence can have on a Community. Today, the gangs and the aspects of the violence they attract, draw young people from all walks of life, social-economic backgrounds, races and ethnic groups. Youth violence is a problem not only for law enforcement but also for schools and our community.

**TOPICS:** *Truancy, Gang Prevention / Intervention Classes, Self Esteem Building, Parenting Classes-English/Spanish, Anger Management, Voter Registration training Zero Tolerance information about Violence on School Campuses, Youth Job Readiness, Youth Leadership Development, Racial Conflict Resolution, Youth and the Law*

**Partners:** *Butter Fly Program, A Better LA, R.A.C.E, Kedren Mental Health A.P.U.U.-Advocates for Peace and Urban Unity, C.A.R.R.Y-Coalition for At Risk Youth, Los Angeles Coounty Sheriff's Department, Los Angeles Police Department Los Angeles County District Attorney-Juvenile Offender Intervention Network Los Angeles Probation Department*



8

**[Laugh]**  
a laugh is a smile that bursts



## “On Your Mark!” – NOW AT CAMP UPAC An Educational Nutritional Program at Your Facility

“On Your Mark!” is designed to provide children and adolescence with basic information on nutrition, cooking, and healthy lifestyles habits. It is presented in a comprehensive, fun, and interactive way that will help them develop healthy habits that can easily be applied to their daily lives.

We offer 6-Consecutive Week Sessions, for one hour per week, to accommodate up to 40 students per session at your pre-approved facility. We also custom design programs for camps (winter, spring & summer and after-school) to accommodate the larger student body. Each session is designed to teach a new skill and to reinforce educational standard they’ve already learned. They’ll have too much fun to realize that they are actually learning.

**Session One: Kitchen Safety & Sanitation and Exercise** – This will cover basic kitchen safety and sanitation. They also learn the key components for incorporating simple forms of exercise into their daily routine.

**Session Two: Weights & Measures and Cooking Exercise** -This will be an opportunity for them to learn to measure and weight various items. They will also utilize math skills to reduce and increase a recipe.

**Session Three: Nutrition Labels and Shopping Game** – This game is designed to combine the 6 major food groups in the food pyramid chart using only the sense of touch, taste, sight, and smell while exploring new foods.

**Session Five: Portion Control and Meal Plan Game** – This game will teach the students how to plan a well-balanced meal. They will also learn what constitutes a single serving size or what is a proper meal portion.

**Session Six: Course Review and Cooking Exercise** – This is the best time of it all. Using the skills that they have learned they will follow a recipe and prepare a treat for themselves.

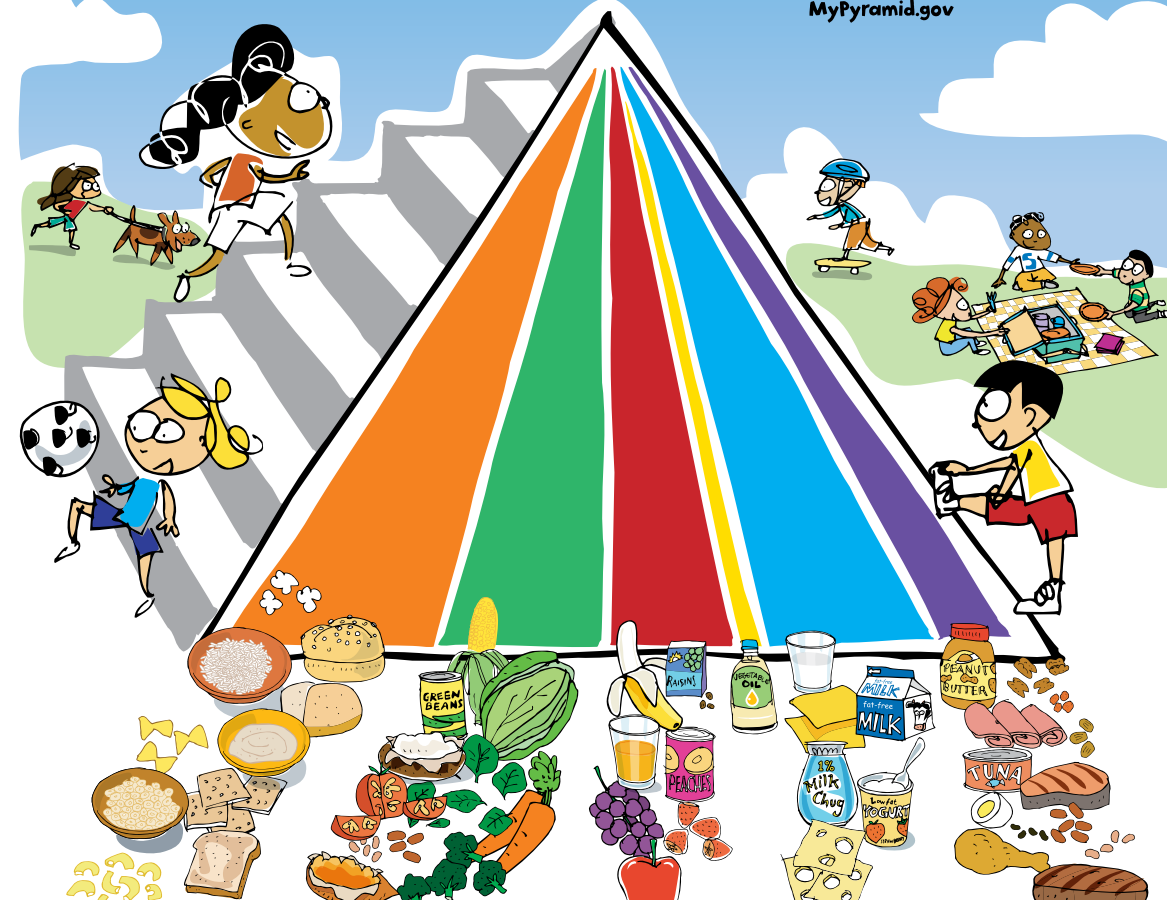
In addition to “On Your Mark!, CrumbSnatchers cookbooks and cooking products are specially designed for the youth at your school or organization.

**COOK** together. **EAT** healthy. **GROW** Strong

CALL (310) 671-KIDS or contact us at [www.CrumbSnatchers.com](http://www.CrumbSnatchers.com)



**MyPyramid** For Kids  
Eat Right. Exercise. Have Fun.  
[MyPyramid.gov](http://MyPyramid.gov)



Grains Make half your grains whole	Vegetables Vary your veggies	Fruits Focus on fruits	Milk Get your calcium-rich foods	Meat & Beans Go lean with protein
<p>Start smart with breakfast. Look for whole-grain cereals.</p> <p>Just because bread is brown doesn't mean it's whole-grain. Search the ingredients list to make sure the first word is "whole" (like "whole wheat").</p>	<p>Color your plate with all kinds of great-tasting veggies.</p> <p>What's green and orange and tastes good? Veggies! Go dark green with broccoli and spinach, or try orange ones like carrots and sweet potatoes.</p>	<p>Fruits are nature's treats – sweet and delicious.</p> <p>Go easy on juice and make sure it's 100%.</p>	<p>Move to the milk group to get your calcium. Calcium builds strong bones.</p> <p>Look at the carton or container to make sure your milk, yogurt, or cheese is lowfat or fat-free.</p>	<p>Eat lean or lowfat meat, chicken, turkey, and fish. Ask for it baked, broiled, or grilled – not fried.</p> <p>It's nutty, but true. Nuts, seeds, peas, and beans are all great sources of protein, too.</p>

For an 1,800-calorie diet, you need the amounts below from each food group. To find the amounts that are right for you, go to [MyPyramid.gov](http://MyPyramid.gov).

<b>Eat 6 oz. every day;</b> at least half should be whole	<b>Eat 2 1/2 cups every day</b>	<b>Eat 1 1/2 cups every day</b>	<b>Get 3 cups every day;</b> for kids ages 2 to 8, it's 2 cups	<b>Eat 5 oz. every day</b>
--	---------------------------------	---------------------------------	---	----------------------------

**Oils** Oils are not a food group, but you need some for good health. Get your oils from fish, nuts, and liquid oils such as corn oil, soybean oil, and canola oil.

<p><b>Find your balance between food and fun</b></p> <ul style="list-style-type: none"> <li>Move more. Aim for at least 60 minutes everyday, or most days.</li> <li>Walk, dance, bike, rollerblade – it all counts. How great is that!</li> </ul>	<p><b>Fats and sugars – know your limits</b></p> <ul style="list-style-type: none"> <li>Get your fat facts and sugar smarts from the Nutrition Facts label.</li> <li>Limit solid fats as well as foods that contain them.</li> <li>Choose food and beverages low in added sugars and other caloric sweeteners.</li> </ul>
---	---



LEARN Live from yesterday for today for tomorrow



**BE Yourself.**  
Everyone else is taken.







**U.P.A.C.**  
UNITED PEACE OFFICERS AGAINST CRIME

**UNITED PEACE OFFICERS AGAINST CRIME**

Upac Client Reports For Their Orientation Larc Assessment Is Compared And An Individual Case Plan Is Developed And Referrals Are Made To Appropriate Partners

**Drug Testing**

Court Detectives Stations  
**School DMH**

**Group Orientation**  
**Expectitons Responsibility**

Upac curriculum begins with inspiration  
52 Orientation getting started

**Measurement**

**Report Cards**  
**Discipline**  
**Family Culture**  
**Truancy**

Upac Staff, Probation Officers, D.A, School Counselor, And Parent, Will Discuss Progress Of Minor To Determine If Additional Services Are Required.

**Inspiration 52 Pro Social Skills and Curriculum**

**Anger Management**

**Character Building**

**Leadership Development & Conflict Resolution**

**Organization's Location's**

**Location 1**  
**11701 S. Alameda**  
**Lynwood CA 90059**

**Location 2**  
**321 E 111th St**  
**Los Angeles CA 90061**

United Peace Officers Against Crime Summer Leadership Camp will be hosted in Big Bear, California at Alpine Meadows Campsite

**Life Skills and Self Esteem**

UPAC DIRECTOR, INTAKE SPECIALIST GROUP COUNSELOR WILL MEET TO DETERMINE IF THE MINOR HAS COMPLETED CASE PLAN.

**CERTIFICATE UPON COMPLETION OF PROGRAM**





Department of Children and Family Services

*Celebrating 24 Years*

UNITED PEACE OFFICERS AGAINST CRIME

“ A hundred years from now it will not matter  
what my bank account was, the sort of house I live in, or the kind of car I drove,  
but the world may be different because  
**I WAS IMPORTANT IN THE  
LIFE OF A CHILD**”



**U.P.A.C**

UNITED PEACE OFFICERS AGAINST CRIME

[www.upacprogram.org](http://www.upacprogram.org)

Po box 2084 Walnut Ca 91789

Phone

(323) 992-0377

(323) 492-8104

(714) 510-0390