



Los Angeles County
Sheriff's Department

INMATE SERVICES BUREAU

INMATE PROGRAMS 2018





Los Angeles County
Sheriff's Department

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INMATE SERVICES BUREAU EDUCATION BASED INCARCERATION UNIT

The Education Based Incarceration (EBI) is a unit within the Inmate Services Bureau (ISB). EBI is responsible for all inmate educational and Career Technical Education (CTE) / Life Skills programs within Custody Division. EBI has personnel assigned to all custody facilities and they are charged with vetting and monitoring all inmate programs.

EBI personnel include; a Programs Lieutenant who oversees the EBI Programs at all six Custody Facilities. At each facility, there is an EBI Sergeant, with the exception of PDC where there are two sergeants for the three facilities. The line staff assigned to each facility are EBI deputies and Custody Assistants who oversee the daily EBI programs. EBI personnel must work closely with the facilities to keep the EBI dorms and programs full of qualified inmates.

EBI personnel are funded by either the Inmate Welfare Commission and/or AB-109 funding and therefore are restricted from performing a security role. Instead, inmate security rests with the individual facilities and their line personnel.

As stated, EBI programs include both educational and vocational courses. The academic courses are provided through the services of three charter schools; Five Keys, New Opportunities, and John Muir Charter Schools. While in custody, inmates can work toward earning their high school diploma. The Charter Schools classes are funded by the State of California based on their Average Daily Attendance (ADA.) The schools operate at no expense to LASD and provide a valuable key resource.

The Department has seen a dramatic decrease in inmate violence and Inmates are less likely to engage in anti-social behaviors when they participate in EBI Programs. Therefore, all facilities must work closely with EBI personnel to include as many inmates as possible in EBI Programs.

The Career Technical Education (CTE) programs are provided to the inmates through a contract funded by the Inmate Welfare Commission. Another portion of the contract is to provide Life Skills classes which include; Parenting, Anger Management, Substance Abuse, Financial Literacy, Job readiness Skills, as well as Disturbance and Gang Mediation.

In addition to the contracted programs and classes offered through the charter schools, many other providers offer life changing skills through a variety of programs. Many of the programs are tailored toward a specific group of inmates including Gender Responsive Programs for the female inmates as well as LGBTQI inmates.

One of the more well-known EBI programs is the Maximizing Education Reaching Individual Transformation (MERIT). The MERIT program is facilitated by EBI personnel and through the use of MERIT Masters. A MERIT Master is an inmate who has successfully completed the MERIT Program and has offered to be a peer mentor to

other inmates. The MERIT Masters wear a different uniform than the other general population inmates in order to be easily identified.

Although EBI oversees all the inmate programs at each custody facility, the programs often vary from facility to facility. This is due to facility design, types of inmates, and their security levels.

Facilities include: Men's Central Jail (MCJ), Twin Towers Correctional Facility (TTCF), Century Regional Detention Facility (CRDF), MIRA Loma (Closed), Pitchess Detention Center (PDC): North Facility, South Facility, East Facility, and North County Correctional Facility (NCCF)

The programs provided by EBI are designed to provide the inmates with life changing skills and education which will help them to succeed upon release and to reduce recidivism. However, inmates can earn additional sentence credits by completing the educational and vocational courses. These credits will also help the Population Management Bureau manage the overall jail population.

There are three types of credits; Milestone (Academic), Conservation (Work) and Fire Camp Credits. Inmates are awarded one Milestone Credit or one week reduction in their sentence for every academic class completed. The inmates can earn a maximum of six Milestone credits per 365 day period which is in addition to their Good Time / Work Time Credits. However; inmates cannot earn Conservation or Fire Camp Credits while earning Milestone Credits. Milestone, Conservation and Fire Camp Credits cannot be earned at the same time.

For more information about programs please contact:

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JAIL FACILITIES

TWIN TOWERS CORRECTIONAL FACILITY (TTCF)

450 Bauchet Street
Los Angeles, CA 90012
Main Number: (213) 893-5030

MEN'S CENTRAL JAIL (MCJ)

441 Bauchet Street,
Los Angeles, CA 90012
Main Number: (213) 974-4082

CENTURY REGIONAL DETENTION FACILITY (CRDF)

11705 S. Alameda Street
Lynwood, CA 90262
Main Number: (323) 568-4500

MIRA LOMA DETENTION CENTER (closed)

45100 North 60th Street West
Lancaster, CA 93536
Main Number: (661) 524-2700

PITCHESS DETENTION CENTER (PDC) – NORTH

29320 The Old Road, Castaic,
California 91384
Main Number: (661) 295-8059

PITCHESS DETENTION CENTER (PDC) - SOUTH

29330 The Old Road,
Castaic, CA 91384
Main Number: (661) 295-8011

NORTH COUNTY CORRECTIONAL FACILITY (NCCF)

29340 The Old Road,
Castaic, CA 91384
Main Number: (661) 295-7804

PDC INMATE FIREFIGHTERS – EAST (Fire Camp)

29310 The Old Road,
Castaic, CA 91384

Evidenced Based Programs and Industry Best Practices

What Is the Evidence? Evidence-based policy and practice is focused on reducing inmate risk, which in turn reduces new crime and improves public safety. Of the many available approaches to corrections, a few core principles stand out as proven risk reduction strategies. Though not all of the principles are supported by the same weight of evidence, each has been proven to influence positive behavior change. The following are the Education Based Incarceration Evidence Based Programs and Industry Best Practices:

High School Classes

- All curriculum

Community Colleges

- Academics
- Vocational Education

Back on Track

- Motivational Interviewing
- Thinking for a Change (T4C)
- Substance Abuse
- Aggression Replacement Therapy
- Capstone

Contracted Services

- **Career Technical Vocational Education Classes**
 - All curriculum
- **Life Skills Training**
 - Addiction and substance abuse
 - Anger management and domestic violence
 - Parenting
 - Job preparation

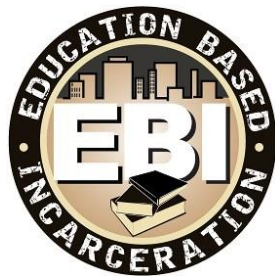
SUBSTANCE TREATMENT AND RE-ENTRY TRANSITION (START)

In-Custody Program

The in-custody Substance Treatment and Re-entry Transition (START) program is a collaborative between the Los Angeles County Sheriff's Department (LASD) and Correctional Health Services.

EBI Staff Led Programs

- Moral Reconciliation Therapy (MRT)
- Breakthrough Parenting
- Cage Your Rage



Academic/GED/High School Diploma/Community College

College of the Canyons

Location: PDC

Days and Time: M-F

Five Keys Schools and Programs

Location: Various

Days and Time: M-F

John Muir Charter School – Inmate students age 18-26 are offered high school diplomas and life skills instruction.

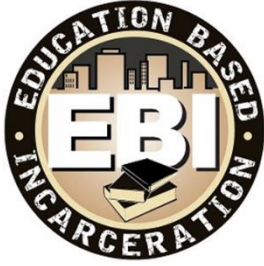
Location: MCJ

Days and Time: M-F PM shift

New Opportunities Charter School

Location: TTCF, MCJ, CRDF

Days and Time: M-F

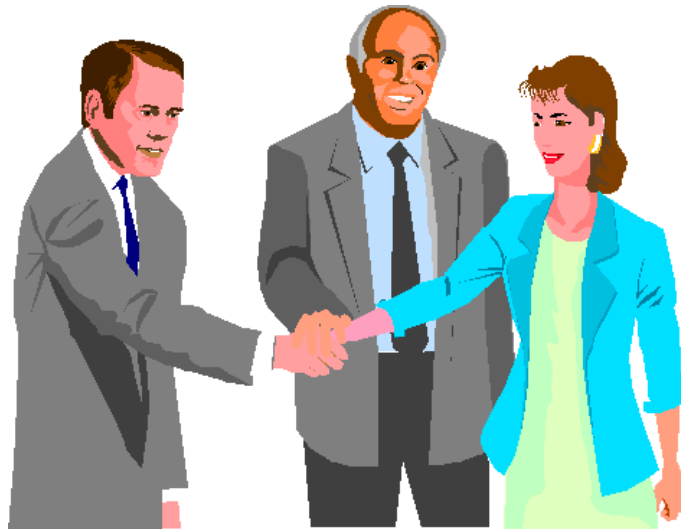


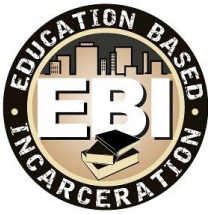
University Internship Collaborations

Chicago School of Psychology

Location: TTCF

Days and Time: on-going throughout academic year





Back on Track (BOT) Program

The Los Angeles County Sheriff's Department (LASD) and the State of California Department of Justice (DOJ) Division of Recidivism Reduction and Re-Entry (DR3) collaborated on the creation of the Back on Track (BOT) Pilot Program. The collaboration committed their collective resources to implement this innovative evidence-based program targeted to qualifying inmates in the Los Angeles County Jail System.

The BOT Program is a comprehensive anti-recidivism initiative that holds inmates accountable while preparing them to re-enter society as contributing and law-abiding members of their communities. The Program includes in-custody Cognitive-Behavioral Therapy, academic and career/technical education, life skills training, and post-custody employment and housing assistance. The results are measured through tracking the progress of the released inmates

Over a nine-month period, BOT inmates participate in high school or college and vocational education classes. In addition, case managers prepare the inmates for transition back into the community. Although inmates are not required to participate in a post-release tail with the Los Angeles County Probation Department, remaining in contact with Probation for any post-release resources is encouraged.

The BOT Program provides an educational and Cognitive Behavioral Therapy framework to challenge the negative beliefs and behaviors that perpetuate personal and family dysfunction. The framework includes information on the negative impact of violence, as well as the impact of drug and alcohol abuse on the individual, the family and the community. The curriculum allows for an open and honest dialogue that provides an opportunity for inmate students to think critically and reflect on their lives, relationships, and behaviors.

The objective of the BOT Program is to help inmates prepare for successful lives through life skills classes including healthy relationships, recovery, and recreation. The BOT program provides inmate students specific skills or knowledge necessary for successful re-entry into their communities.

Participants learn to be self-reflective and proactive:

- Make choices in a rational manner,
- Employ positive attributes toward building a successful family, career, and future.

Participants learn skills and tools to:

- Recognize the importance of a personal commitment to reaching their goals, □
Accept responsibility for their actions and, □ Be accountable for their life choices.

Back on Track Courses

CORE CORRECTIONAL PRACTICES TRAINING (Mandatory training for all staff working with Back on Track)

- Teaches core skills needed to support offenders' behavioral change
- Includes an overview of cognitive-behavioral interventions
- Includes training to help offenders develop a behavior-management system

THINKING FOR A CHANGE (T4C) TRAINING (mandatory for all inmates)

- Explores cognitive-behavioral intervention principle that thinking controls actions
- Trains providers to target an individual's thinking in order to change his actions and reduce recidivism
- Covers three main intervention styles within program curricula

COGNITIVE-BEHAVIORAL INTERVENTIONS (CBI)

- Focus on criminogenic risk factors
- Use of evidence-based curricula and practices
- Core Correctional Practices
- Curricula options (T4C, CBI-SA, ART)
- Advanced practice/booster sessions (to be developed)
- Targeted interventions encouraging thinking for change
- Vocational and educational needs addressed
- Family/pro-social influencers

SUBSTANCE ABUSE EDUCATION (CBI-SA)

- Utilizes a cognitive-behavioral approach to teach strategies for dealing with substance abuse
- Uses skill-building activities to help offenders develop cognitive, social, emotional, and coping skills

AGGRESSION REPLACEMENT THERAPY (ART)

- Cognitive-behavioral intervention to help offenders:
 - Improve social skills
 - Enhance moral reasoning
 - Manage anger more effectively
 - Reduce aggression

GENERAL GROUP THERAPY

- Ideal class size: 8-10 (maximum of 16 with 2 case managers/facilitators)
- Ideal session length: 1.25 to 1.50 hours
- Case manager/facilitator preparation: 30 minutes
- Inmate homework facilitating the transfer of skills

The **BOT Continuum** is designed to engage and motivate inmates as they complete academic, vocational and life-skills programming, and to provide services that support their reintegration into the community. Comprehensive case management ensures that such programming fits each inmate's abilities and needs, and that offered services facilitate their smooth transition into the community.

BOT involves inmates in lessening their *criminogenic needs*--cognitive and behavioral factors contributing to criminality. These factors include attitudes and personality traits; marital, family, and social relationships; substance abuse; and employment status. By modifying distorted thinking and dysfunctional behavior, inmates take responsibility to make changes in the areas shown to correlate with criminal conduct.

Since the BOT Continuum relies on inmates' accountability, its most effective case management employs a client-centered and cooperative approach. Thus case management focuses on helping incarcerated persons themselves identify and acquire needed skills, and supports their meeting personal goals as they move through the BOT Continuum.

During sessions, case managers elicit real-life problems and assist inmates to solve these themselves through a structure that maximizes cognitive change. In each session, case managers help the inmate check their mood; bridge the prior to the current session; identify priorities for the session; discuss specific concerns and the skills that can address them; set self-help assignments; summarize the session; and consider the case manager's feedback.

That is, inmates are taught cognitive, behavioral, and emotional-regulation skills so they can monitor their behaviors themselves. Case managers suggest individualized goals based on an ongoing understanding of inmates' disorders and challenges. Clearly, such cognitive therapy requires a strong alliance between inmate and case manager so they can collaborate as a team. The joint process of coming to hold oneself accountable teaches inmates to recognize the criminogenic thinking behind their societal violations and their self-defeating behaviors, as well as to acknowledge positive changes. In this way case management advances both personal change and community safety.



SUBSTANCE TREATMENT AND RE-ENTRY TRANSITION (START) In-Custody Program

The in-custody Substance Treatment and Re-entry Transition (START) program is a collaborative between the Los Angeles County Sheriff's Department (LASD) and Correctional Health Services. The START program was developed to meet the substance use disorder (SUD) treatment needs of county sentenced inmates. Inmates with a minimum of 90 -120 days left on their sentence and meet SUD clinical criteria will be offered treatment services while in-custody. The program offers SUD treatment services and provides linkages for continued SUD services in the community upon release from custody.

The LASD is responsible for identifying participants who are motivated to engage in SUD treatment services while in-custody. The SUD treatment provider screens, assesses, and develops an individualized treatment plan to address the SUD treatment needs of each inmate. Release planning begins at intake and prior to release from jail, the participant is provided a re-entry coach to assist with care transition planning services including coordination of SUD, mental health, primary care, peer recovery support services, housing, education and vocational services as needed upon re-entry into the community.

The target population is comprised of non-violent, non-serious, non-sexual (N3's) inmates that have a history of criminal activity and a SUD who are deemed to be at high risk for recidivism.

Objectives of START include providing SUD treatment to eligible participants and provide coordinated re-entry services to appropriate health services and connect them to recovery support systems upon their release from custody. START also provides SUD treatment services that are culturally competent for the criminal justice population, are evidenced based, trauma and gender specific.

Fire Camp



Fire Camp

In this program inmates learn skills needed to support California's wilderness fire-fighters in their temporary locations. Under Penal Code section 4019.2, inmates may be awarded credit days against their sentence for every day of work in Fire Camp. The primary mission of the California Department of Corrections and Rehabilitation (CDCR) Conservation Camp program is to provide the cooperative agencies with an able-bodied, trained work force for fire suppression and other emergencies such as floods and earthquakes. In addition, fire crews work on conservation projects on public lands and provide labor on local community services projects.

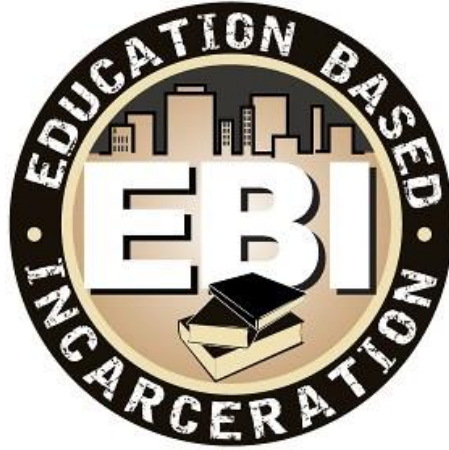
- CDCR's Conservation Camps Program provides the State of California's cooperative agencies with an able-bodied, trained workforce for fire suppression and other emergencies such as floods and earthquakes. Fire crews also work on conservation projects on public lands and provide labor on local community service projects.

- Adult inmates assigned to the camps are carefully screened and medically cleared. Only minimum custody inmates – both male and female – may participate in the Conservation Camps Program.

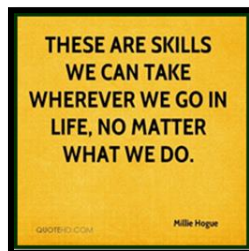
- After being selected for camp, inmates undergo a vigorous two-week physical fitness training program and are then provided training for another two weeks in fire safety and suppression techniques.

- In an average year, Conservation Camp Program inmates provide approximately three million person hours in firefighting and other emergencies, and seven million person hours in community service project work.

- Community Service Projects: Projects completed by inmate firefighters in the off-season for local schools, counties, cities and other public entities, which results in cost savings at the local level. Projects include clearing fire breaks, restoring historical structures, park maintenance, sand bagging / flood protection, clearing fallen trees and debris.



Education Based Incarceration Unit
Career Technical Education
Vocational Education
&
Life Skills



Career Technical Education (CTE) and Vocational Education Programs

Career and technical education (CTE) is a term applied to schools, institutions, and educational programs that specialize in the skilled trades, applied sciences, modern technologies, and career preparation.

Vocational education is education within vocational schools that prepares people for a specific trade. It directly develops expertise in techniques related to technology, skill and scientific technique to span all aspects of the trade being learned.

The Career Technical Education (CTE) vocational programs are provided to the inmates through a contract funded by the Inmate Welfare Commission.

Animal Pet Grooming/Animal Caretaker – Teaching skills used in the pet service industry, this training prepares students for jobs in such businesses as kennels, animal shelters, pet shops and pet salons.

Location: PDC Vocational Shops

Days and Time: M-F 0800-1500

Bicycle Maintenance Technology – Students repair and refurbish donated bicycles, providing practical instruction in mechanics, repair and maintenance.

Location: PDC Vocational Shops

Days and Time: M-F 0800 – 1500

Bi-organic Recycling and Composting—Designed to provide formal training for individuals interested in working in the green jobs sector or bring an environmental competitive edge to traditional positions such as marketing or facilities management. As more cities and businesses develop sustainability and zero-waste policies, there is an increased need for trained staff that can properly manage organizational resources and initiate programs.

Location: PDC-South

Days and Time: Daily 0700-1400

Cement and Concrete Block Masonry – Teaches a wide variety of modern masonry techniques, including barbecue patios, block wall buildings and fire pits.

Location: PDC Vocational Shops

Days and Time: M-F 0800-1500

Commercial Nursery Operations, Landscaping, and Grounds Keeping – Inmates learn plant and farm management, including orchards, vineyards, and tree and shrub nurseries.

Location: PDC

Days and Time: M-F 0800-1500

Computer Operator/Office Occupations—Digital Literacy – Covers the basics of Microsoft Office 2010 suite operations: Word, PowerPoint, Access, and Excel.

Location: Various
Days and Time: M-F 0800-1500

Commercial Painting – Includes instruction in brushes, rollers, spray equipment, abrasive blasting, and rigging and scaffolding.

Location: Various
Days and Time: M-F Various times based on facility

Commercial Printing Technologies – Students are taught basic and advanced printing applications using state-of-the-art printing equipment to produce products such as forms, flyers, brochures, invitations, envelopes and magazines.

Location: NCCF
Days and Time: Daily 0700-1400

Commercial Sewing – This program introduces students to the power-sewing industry through the production of inmate clothing, linen, property bags, and mattresses, along with items for indigent community members.

Location: NCCF
Days and Time: Tuesdays and Thursdays 0800-1500

Commercial Welding – Teaches inmates the full range of the common forms of commercial welding.

Location: PDC-South
Days and Time: M-F 0800-1500

Culinary Arts and Hospitality – Active training in the food services including baking, cooking, and the full range of commercial food preparation.

Location: NCCF—Cook Apprentice/prep cook
Days and Time: Daily 0800-1000

Custodial Building Maintenance – Prepares students for careers in the rapidly growing field of custodial maintenance, basic repairs, floor care, and insect and rodent control.

Location: PDC South
Days and Time: Daily, 0800-1430

Location: CRDF
Days and Time: M-F 0800-1300

Farming-- Irrigation and Field Technology – Agricultural Greenhouse Technology–
Teaches inmates about agriculture, natural resources, and land management through hands on experience and guidance for entry level jobs or to further education to prepare them for advanced agricultural jobs.

Location: PDC
Days and Time: M-F 0800-1630

Fashion Design-- Instruction in clothing design and construction.

Location: CRDF

Days and Time: M-F 0800-1500

Graphic Arts/Sign Fabrication – Students learn basic computer-aided fabrication and are introduced to graphic arts design used to produce engraved awards such as plaques, trophies, and medallions.

Location: NCCF

Days and Time: Daily, 0700-1400

Job Preparation – Teaches students the basics of conducting a job search, preparing a resume, and participating in a job interview.

Location: Various

Days and Time: M-F

Residential Construction: Construction Technologies– A comprehensive course from foundation to roofing, and everything in between.

Location: PDC South

Days and Time: M-F 0800-1500

Wheelchair Repair – Students repair wheelchairs for the Medical Services Bureau, while the backs and seats are sewn in the sewing shop.

Location: PDC Vocational Shops

Days and Time: M-F 0800-1500

Woodworking: Carpentry and Shop Production– Through classroom instruction and hands-on training in numerous types of woodworking, students learn millwork, finish carpentry, cabinetmaking, furniture repair and outdoor sign manufacturing.

Location: PDC Vocational Shops

Days and Time: M-F 0800-1500

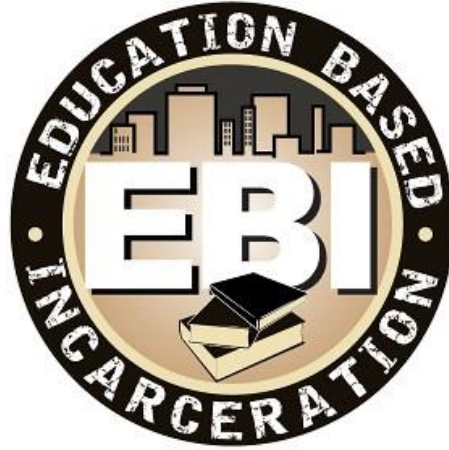
Life Skills Classes

Life skills have been defined by the World Health Organization (WHO) as “abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.” They represent the psycho-social skills that determine valued behavior and include reflective skills such as problem-solving and critical thinking, to personal skills such as self-awareness, and to interpersonal skills. Practicing life skills leads to qualities such as self-esteem, sociability and tolerance, to action competencies to take action and generate change, and to capabilities to have the freedom to decide what to do and who to be. Life skills are thus distinctly different from physical or perceptual motor skills, such as practical or health skills, as well as from livelihood skills, such as crafts, money management and entrepreneurial skills.

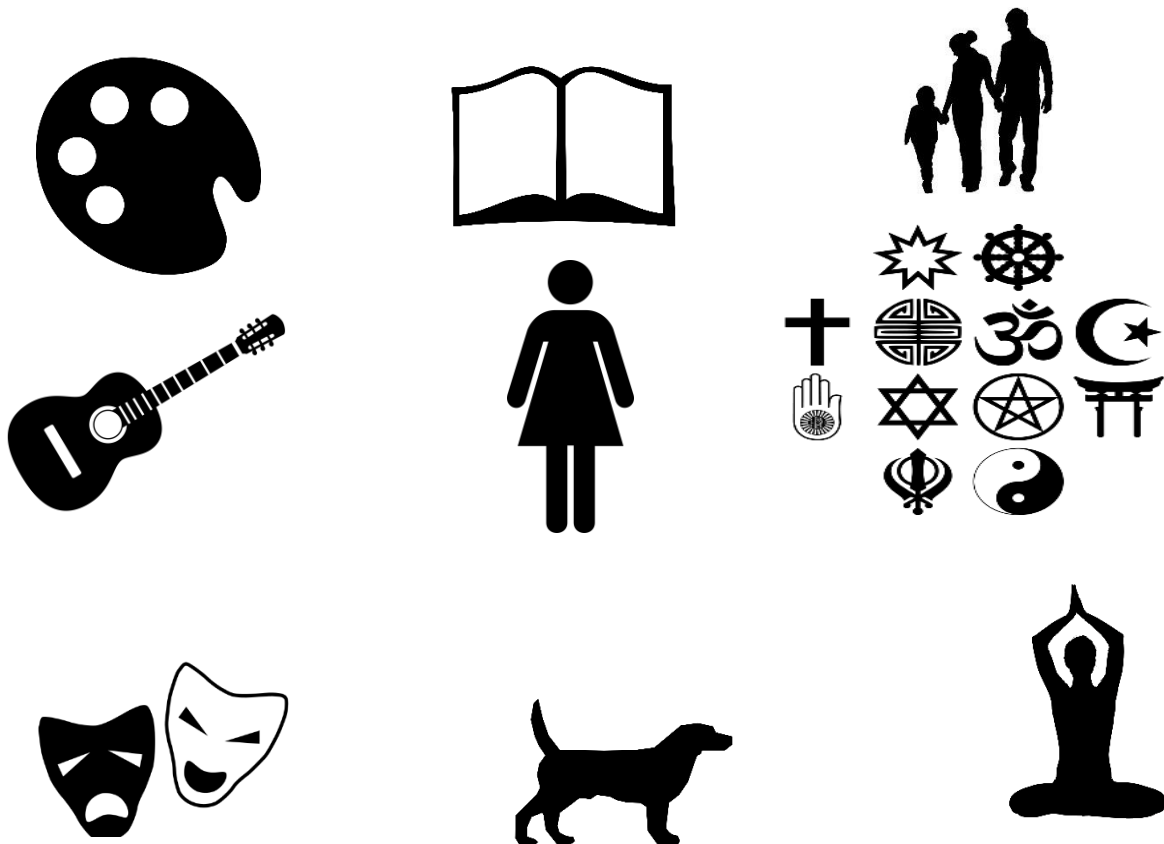
Addiction and Substance Abuse--The Addiction and Substance Abuse course provides students the opportunity to learn about the dynamics of addiction, and explore the process at an Individual/personal level. Through guided journaling and discussion, individual/group work and role play, student s will develop a deeper understanding of addiction's Impact on the Individual, family and community.

Anger Management/Domestic Violence--. The Anger Management/Domestic Violence course provides students the opportunity to learn about the dynamics of Anger and Violence, and explore the process at an Individual/personal level. This course takes a hard look at anger; its definition, how It becomes a habit, and the effect It has in our lives. Students explore the origins of anger, common patterns of behavior, the development of self-awareness, and feelings-management. Learning to identify sources of resentment and anger will help students to acquire strategies allowing them to move toward forgiveness and reconciliation In personal, family, and community relationships.

Parenting--This course is built upon a Restorative Parenting framework, and combines psychological theories Including attachment, cognitive behavior, and empowerment with the foundational principles of Restorative Justice. Parenting takes a developmental approach that emphasizes identifying strengths and increasing the capacity of parents to build, when safe, a respectful relationship with their children, to maintain safety for all family members, and to increase accountability for their own behavior.



Education Based Incarceration Unit Program Providers and Volunteers



Program Providers and Volunteers

Awana Lifeline/Awana International—Hannah’s Gift--a Bible based curriculum that focuses on how to be a better woman, wife and mother and how to parent at a distance. The follow-up curriculum is called, “Family Restoration” and focuses on helping women prepare to re-enter their families.

Location: TTCF
Days and Time: Friday 1000-1200 and Saturday 0830-1000

Location: CRDF
Days and Time: Wednesday 1500-1700

Location: CRDF
Days and Time: Wednesday 1500—1700

Location: CRDF
Days and Time: Saturday 0800-1000

Awana Lifeline/Awana International --Malachi Men -- a Bible based curriculum that focuses on helping men be better men, husbands and fathers and to find healing in their relationships with their families, especially their children. The follow-up books focus on building strong character.

Location: South-- Back on Track, Barrack #43
Days and Time: Thursday 1830-2030

Location: South Barracks #30, #44-#51
Days and Time: Saturday 0800-1000

Location: South Barracks #31-#39
Days and Time: Saturday 1015-1215

Location: Spanish for all Barracks
Days and Time: Saturday 1230-1430

Location: NCCF--500
Days and Time: Tuesday 1800-2000

Location: NCCF-800
Days and Time: Tuesday 1800-2000

Location: NCCF 600
Days and Time: Friday 1800-2000

Malachi Men cont...

Location: North Module #1 A,B & C Pods
Days and Time: Saturday 0730-0930

Location: North Module #2
Days and Time: Saturday 0730-0930

Location: North Module #3
Days and Time: Saturday 0730-0930

Location: North Module #4
Day and Time: Wednesday 1800-2000

Location: TTCF-232
Days and Time: Monday 1700-2000

Location: TTCF-271
Days and Time: Wednesday 1700-2000

Location: TTCF-252
Days and Time: Saturday 0800-1100

Location: TTCF-232
Days and Time: Saturday 0800-1100

Location: MCJ--8000
Days and Time: Wednesday 1800-2000

Location: MCJ--5000
Days and Time: Saturday 0700-1200

Awana Lifeline/Awana International --Returning Hearts—unites children with their inmate fathers and grandfathers to begin the long road of breaking cycles of crime and incarceration.

This is a special event held annually at PDC South facility.

Center for Health Justice—provides programs and services to empower incarcerated individuals into making healthier choices and acts as a bridge to a productive life.

Location: CRDF
Days and Time: Thursdays 1130-1400

Center for Health Justice--Keeping it Real—an evidence based multicultural, substance use prevention program

Location: MCJ
Days and Time: Mondays and Tuesdays 1100 – 1230

Families and Criminal Justice Miracle Project--

Location: CRDF

Days and Time: Tuesdays and Thursdays 1900 – 2030

Friends Outside--Dad's Back-- Friends Outside provides confidential services to inmates, including those newly released, and their families. They offer support to inmates' families and friends by providing information regarding procedures for depositing money, picking up inmate property, and inmate visiting, including transportation.

Gender Responsive Rehabilitation (GRR) administrated by Health right 360, GRR is a rehabilitation based program that focuses on addressing drug, alcohol, domestic violence and a variety of other problems that afflict the female populations, in an effort to help them recover and transition to the civilian world with the ability to make better and healthier decisions to keep them out of county jails and state prisons and at home with their families.

Location: CRDF

Days and Time: Mondays through Saturdays 0800-1530

Harriet Buhai Center for Family Law-- founded in the early 1980s by Black Women Lawyers Association of Los Angeles, the Los Angeles County Bar and Women Lawyers Association of Los Angeles. Since its inception, the Center has served as a cornerstone of family law and domestic violence assistance for low-income persons in California.

Location: CRDF

Days and Time: Mondays, Tuesdays and Thursdays 1500-1700

Location: TTCF

Days and Time: Tuesdays and Thursdays

Hollywood Impact-- uses the art of television and filmmaking to change lives by providing a training ground where Hollywood professionals teach and mentor incarcerated men; helping them to develop their individual talents in order to successfully work in the profession of their choosing. All of this is taught in an up-lifting, life affirming, hope-filled environment.

Location: PDC South

Breaks on (Jan 15 – Feb 15, May 15 – June15).

Jail Guitar Doors-- Jail Guitar Doors USA provides musical instruments and opportunities to help rehabilitate inmates. They organize prison outreach programs and produce concert events as well as advance new solutions to diminish prison violence.

Location: TTCF

Days and Time: Tuesdays

Location: CRDF

Days and Time: Saturdays

Meditation Programs-- Meditation is a precise technique for resting the mind and attaining a state of consciousness that is totally different from the normal waking state. It is the means for fathoming all the levels of ourselves and finally experiencing the center of consciousness within. Meditation is not a part of any religion; it is a science, which means that the process of meditation follows a particular order, has definite principles, and produces results that can be verified.

Location: MCJ

Days and Time: Tuesdays 1200 - 1330

Location: MCJ

Days and Time: Tuesdays 0700 – 0800

*Parents in Partnership --*PIP provides pre-release parent orientation and support group services to inmates with one or more children involved with the LA County Department of Children and Family Services. Certificate of Completion awarded

Location: All facilities

Days and Time: Various

Peace in Education helps participants discover their own inner resources—innate tools for living such as inner strength, choice, and hope—and the possibility of personal peace.

Location: TTCF

Days and Time: weekends

Personal Leadership Development Workshop –This is a personal development course focusing on the inner deeper beliefs of the inmates. The workshop provides tools for inmates to recognize personal power, make good decisions, and realize their potential.

Location: PDC

Days and Time: Various

Pet Prescriptions Comfort Dog Program – The animal assisted therapy visits offer an unconditional healing bond to the inmates.

Location: Various

Days and Time: M-F

SMART Program (Social Mentoring Academic and Rehabilitative Training) SMART is an internationally recognized model in dealing with the multiple issues experienced by GBTQI inmates within the jail system.

Location: MCJ

Days and Time: See Attached Schedule

Stella Adler Art of Acting/Five Keys Charter School the Art of Acting Studio is accredited by the National Association of Schools of Theater. In accordance with provisions of the California Education Code 94866, 94890, the Bureau for Private Postsecondary Education has approved the Art of Acting Studio to operate as an Accredited School. Programs provide three day residencies as part of the high school English curriculum.

Location: TTCF and PDC South

Days and Time: on-going “three day residencies”

Street Symphony-- live musical events aimed to authentically engage distinguished musicians and inmates through live performance and dialogue.

Location: Various

Days and Time: Various

Strindberg Laboratories—this program consists of relaxation, group improvisations, scene development and original productions.

Location: MCJ (SMART)

Days and Time: Thursdays 12:00PM – 1:30PM

Location: CRDF

Days and Time: Fridays 0900-1100

The Urban Ministry Institute (TUMI) – a seminary-style religious educational program designed to train pastors and church leaders among inmates who demonstrate spiritual leadership. A series of high level college theology classes aiming at helping men build a strong spiritual foundation to help prepare them to get involved in churches upon their release.

Location: South –all Barracks

Days and Time: Wednesday 0930-1130

Location: South—Spanish

Days and Time: Saturday 1000-1200

Location: North Module #1 –A, B & C Pods

Days and Time: Friday 0930-1130

Location: NCCF

Days and Time: Friday 1200-1400

Location: TTCF 252

Days and Time: Thursday 1800-2000

Location: MCJ

Days and Time: Wednesday 1800-2000

Yoga—Provided in conjunction with Loyola Marymount University

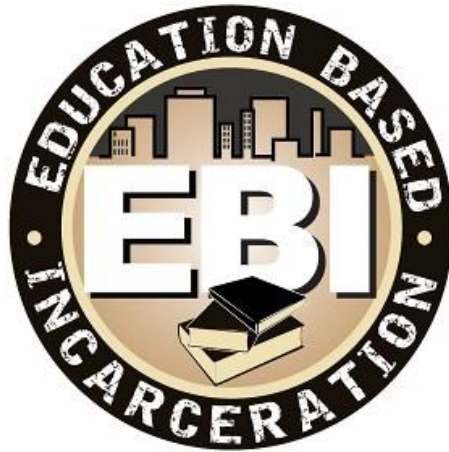
Location: CRDF

Days and Time: Tuesdays and Fridays 1530 -1630

Yoga for Incarcerated Women—a course that combines character development, yoga, and meditation.

Location: TTCF-Women's dorm

Days and Time: Saturdays 0800-1000



Education Based Incarceration Unit EBI Staff Led Programs

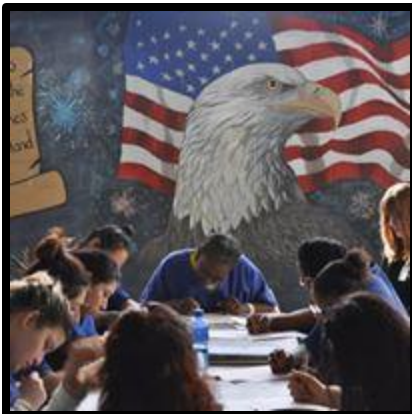


Education Based Incarceration Unit

Therapeutic and Cognitive Behavioral Activities

Therapeutic activities are a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of inmates as a means to behavioral health and well-being. Programs are designed to restore, remediate and rehabilitate a person's level of functioning and independence in life activities, to promote health and wellness as well as reduce or eliminate the activity limitations and restrictions to participation in life situations caused by dysfunctional behaviors.

Cognitive Behavioral Therapy (CBT) focuses on examining the relationships between thoughts, feelings and behaviors. By exploring patterns of thinking that lead to self-destructive actions and the beliefs that direct these thoughts, people with dysfunctional behaviors can modify their patterns of thinking to improve coping. CBT is problem-focused, and a goal-directed active intervention. Inmates have homework and practice new skills outside of sessions.



Adults Bonding With Children (ABC) - ABC involves monitored child-to-parent contact visits for qualified female inmates, focusing on activities that strengthen bonds and communication.

Location: CRDF
Days and Time: Saturdays 0800 1100

Beauty Salon— inmates can have their hair washed, cut, and styled by other licensed inmates.

Location: CRDF
Days and Times: M-F Various hours

Breakthrough Parenting (facilitator certification required)—a multi-faceted method to improve parenting skills recognizing that the responsibility for solving problems is shared between parent and child.

Location: CRDF
Days and Time: Thursdays 1430-1600

Cage Your Rage: An Inmate's Guide to Anger Control is a workbook and DVD program designed for inmates to help them learn to manage their anger and avoid aggressive actions.

Location: MCJ, TTCF
Days and Time: Various

Maximizing Education Reaching Individual Transformation (MERIT) – MERIT's curriculum provides an avenue for change through personal accountability, and increases the student's skills at utilizing options and resources for success. The five pillars of MERIT consist of anger management, parenting, relationships, drug education, and spiritual growth. (See Life Skills, page 21).

MERIT Masters (Inmates teaching inmates) – Graduates of the MERIT Masters Program teach students in MERIT Beginnings, or return to General Population dorms to teach and/or recruit new entry-level students.

Moral Reconciliation Therapy—MRT-- (facilitator certification required)– This is a systematic, cognitive behavioral, step by step treatment strategy designed to enhance self-image, promote growth of a positive productive identity and facilitate the development of higher stages of moral reasoning.

Location: PDC, MCJ, TTCF, CRDF
Days and Time: Various



Music Appreciation and Skills --Provides a variety of music related activities including instrument instruction, song writing, and participating in bands and choirs. (See Jail Guitar Doors, page 27 and Street Symphony, page 29).

Location: MCJ
Topic: Healing through Music
Days and Time: Various

Location: South
Topic: ContraBand
Days and Time: Various

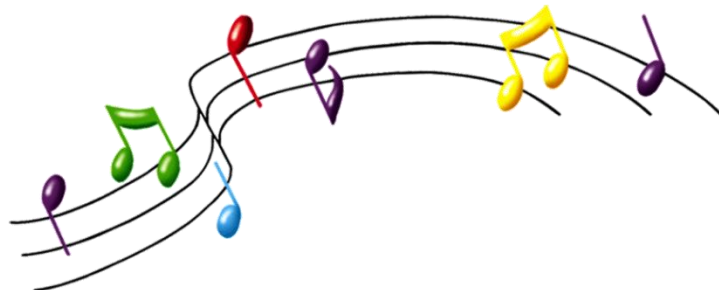
Mental Health Programs

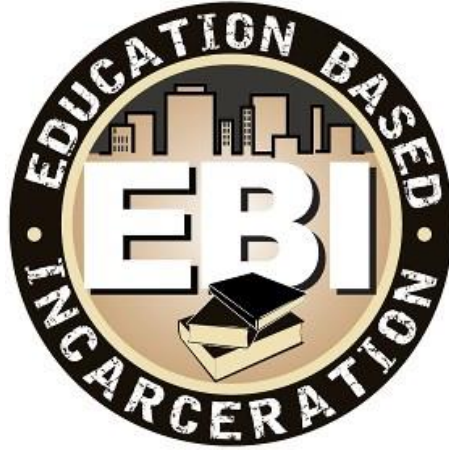
Location: TTCF Various locations
Days and Time: M-F

Yellow Book—EBI Facilitator's Manual

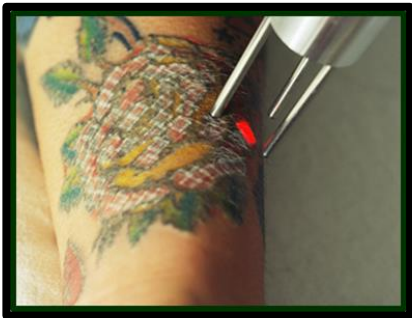
The Facilitator's Manual, developed by EBI staff, consists of lesson plans covering 45 separate learning domains, focusing on critical life skills needed to improve the quality of life for inmate students. The learning domains were designed to address life skills topics such as:

Building Healthy Relationships
Conflict Management
Decision-Making and Critical Thinking
Effective Communication
Employment skills
Financial and Budgeting Skills
Personal Leadership Development
Personal Skills Development
Time Management
Understanding and Coping with Stress





Education Based Incarceration Unit Specialized Services and Incentives



Specialized Services and Incentives

Blanket Project – The program teaches female inmates a skill that can be used to create a connection with their child while they are incarcerated. The blankets are also donated to Department Charitable efforts such as the “999 for Kids.”

Location: TTCF

Days and Time: M-F 1400-2100

Eyeglass Refurbishing (Folsom Project) – Inmates represented under the Americans with Disabilities Act (ADA) are trained to calibrate and refurbish prescription eyeglasses. Upon completion the Lions Club International distributes the eyewear to needy men, women, and children.

Location: TTCF

Days and Time: W 1430-1600

Music Program-

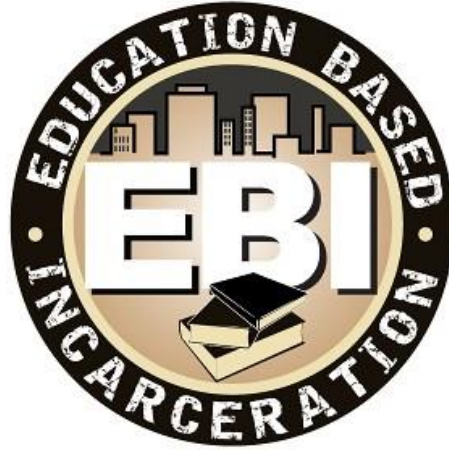
Location: Various

Days and Time: Various

Tattoo Removal Program -- In conjunction with Department of Health Services-- incentivizes inmates to engage in structured academic, vocational, life-skills and other learning opportunities offered by EBI. Participation in these courses and activities makes inmates eligible for tattoo removal treatments.

Location: TTCF, CRDF, South, NCCF

Days and Time: Various



Facility Schedules At-a-Glance



Twin Towers Correctional Facility (TTCF) Sample Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00AM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS	8:00AM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS GEN - LIBRARY	8:00AM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS YB - YELLOWBOOK	8:00AM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS YB - YELLOWBOOK LS - MRT	8:00AM LS - ANGER MANAGEMENT
9:30AM LS - ANGER MANAGEMENT YB - YELLOWBOOK	8:30AM GEN - DOG THERAPY	8:30AM YB - YELLOWBOOK	8:30AM LS - ANGER MANAGEMENT GEN - DOG THERAPY	9:30AM LS - ANGER MANAGEMENT
10:00AM YB - YELLOWBOOK	9:00AM GEN - DOG THERAPY	9:00AM YB - YELLOWBOOK LS - CAGE YOUR RAGE	10:00AM GEN - DOG THERAPY	10:00AM YB - YELLOWBOOK
12:00PM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS	9:30AM LS - ANGER MANAGEMENT GEN - DOG THERAPY	9:30AM LS - ANGER MANAGEMENT YB - YELLOWBOOK	12:00PM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS	10:30AM YB - YELLOWBOOK
	10:00AM YB - YELLOWBOOK	11:00AM YB - YELLOWBOOK GEN - DOG THERAPY	12:30PM YB - YELLOWBOOK	12:00PM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION
	10:30AM YB - YELLOWBOOK	12:00PM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION LS - LIFE SKILLS	12:30PM YB - YELLOWBOOK	12:30PM YB - YELLOWBOOK
	12:00PM LS - RELEASE PREPARATION LS - LIFE SKILLS		3:00PM YB - YELLOWBOOK	1:00PM YB - YELLOWBOOK
	2:00PM GEN - CREATIVE ARTS	1:00PM YB - YELLOWBOOK	3:30PM GEN - COMMUNITY	2:00PM YB - YELLOWBOOK
	2:30PM GEN - TATTOO REMOVAL PROGRAM	2:00PM YB - YELLOWBOOK	4:00PM GEN - DOG THERAPY	
	4:30PM GEN - TATTOO REMOVAL PROGRAM	3:00PM GEN - COMMUNITY	5:00PM GEN - TATTOO REMOVAL PROGRAM	
	6:00PM YB - YELLOWBOOK		6:00PM GEN - COMMUNITY	

Men's Central Jail (MCJ) Sample Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00AM YB - YELLOWBOOK	7:00AM RVS - RELIGIOUS STUDIES	7:00AM LS - RELEASE PREPARATION LS - SUBSTANCE ABUSE	8:00AM LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS VOC - COMMERCIAL PAINTING VOC - COMPUTERS	6:00AM LS - DOMESTIC VIOLENCE
8:00AM LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS VOC - COMMERCIAL PAINTING VOC - COMPUTERS	8:00AM LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE VOC - COMPUTERS	8:00AM LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE VOC - COMMERCIAL PAINTING VOC - COMPUTERS	LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE VOC - COMMERCIAL PAINTING VOC - COMPUTERS	7:00AM LS - RELEASE PREPARATION
9:00AM LS - SUBSTANCE ABUSE	9:00AM LS - RELEASE PREPARATION	8:30AM LS - LIFE SKILLS	8:30AM LS - MRT	8:00AM LS - ANGER MANAGEMENT LS - RELEASE PREPARATION VOC - COMMERCIAL PAINTING VOC - COMPUTERS
10:00AM LS - SUBSTANCE ABUSE	10:00AM LS - RELEASE PREPARATION	9:00AM LS - RELEASE PREPARATION YB - YELLOWBOOK	9:00AM LS - RELEASE PREPARATION	9:00AM LS - RELEASE PREPARATION
11:00AM GEN - SUBSTANCE ABUSE	11:00AM GEN - SUBSTANCE ABUSE LS - LIFE SKILLS	10:00AM LS - RELEASE PREPARATION YB - YELLOWBOOK	10:00AM LS - RELEASE PREPARATION YB - YELLOWBOOK	12:00PM LS - ANGER MANAGEMENT VOC - COMMERCIAL PAINTING VOC - COMPUTERS
12:00PM GEN - PERSONAL DEVELOPMENT LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS VOC - COMMERCIAL PAINTING YB - YELLOWBOOK VOC - COMPUTERS	12:00PM GEN - HEALTH & FITNESS LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE VOC - COMMERCIAL PAINTING VOC - COMPUTERS	11:00AM LS - LIFE SKILLS	12:00PM GEN - CREATIVE ARTS LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE VOC - COMMERCIAL PAINTING VOC - COMPUTERS	1:30PM HS - ELECTIVES
1:30PM HS - ELECTIVES	12:30PM YB - YELLOWBOOK	12:00PM LS - ANGER MANAGEMENT LS - PARENTING LS - RELEASE PREPARATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE VOC - COMMERCIAL PAINTING VOC - COMPUTERS	LS - SUBSTANCE ABUSE VOC - COMMERCIAL PAINTING VOC - COMPUTERS	3:00PM YB - YELLOWBOOK
	1:30PM HS - ELECTIVES	1:30PM HS - ELECTIVES	1:30PM HS - ELECTIVES	
	2:30PM YB - YELLOWBOOK	4:00PM YB - YELLOWBOOK	4:00PM YB - YELLOWBOOK	
	3:30PM LS - LIFE SKILLS			
	4:30PM LS - LIFE SKILLS			

Century Regional Detention Facility (CRDF) Sample Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30AM VOC - COMMERCIAL PAINTING	6:30AM VOC - COMMERCIAL PAINTING VOC - CULINARY	6:30AM VOC - COMMERCIAL PAINTING VOC - CULINARY VOC - FASHION DESIGN	6:30AM VOC - COMMERCIAL PAINTING VOC - CULINARY	7:00AM VOC - BEAUTY SALON VOC - FASHION DESIGN	7:00AM GEN - SMARTS ANGER MANAGEMENT
7:00AM VOC - CULINARY VOC - FASHION DESIGN	7:00AM VOC - FASHION DESIGN	7:00AM VOC - FASHION DESIGN	7:30AM LS - IMPACT	8:00AM GEN - EDUCATION LS - GENDER RESPONSIVE	7:30AM LS - IMPACT
7:30AM LS - IMPACT	7:30AM LS - IMPACT YB - YELLOWBOOK	7:30AM LS - IMPACT	8:00AM GEN - EDUCATION LS - ANGER MANAGEMENT LS - GENDER RESPONSIVE LS - LIFE SKILLS LS - SUBSTANCE ABUSE LS - START PROGRAM	8:30AM LS - LIFE SKILLS LS - SUBSTANCE ABUSE LS - START PROGRAM	8:00AM GEN - ABC
8:00AM GEN - EDUCATION LS - ANGER MANAGEMENT LS - GENDER RESPONSIVE LS - LIFE SKILLS LS - SUBSTANCE ABUSE LS - START PROGRAM	8:00AM GEN - EDUCATION LS - ANGER MANAGEMENT LS - LIFE SKILLS LS - SUBSTANCE ABUSE LS - START PROGRAM	8:00AM GEN - EDUCATION LS - LIFE SKILLS LS - SUBSTANCE ABUSE LS - START PROGRAM	8:30AM LS - ANGER MANAGEMENT LS - SUBSTANCE ABUSE	9:00AM GEN - EDUCATION	8:30AM GEN - SUBSTANCE ABUSE
8:30AM LS - GENDER RESPONSIVE LS - START PROGRAM	8:30AM LS - START PROGRAM	8:30AM LS - LIFE SKILLS LS - START PROGRAM	8:30AM LS - ANGER MANAGEMENT LS - SUBSTANCE ABUSE	9:00AM LS - GENDER RESPONSIVE	9:00AM GEN - SUBSTANCE ABUSE
9:30AM LS - ANGER MANAGEMENT	8:30AM LS - GENDER RESPONSIVE LS - START PROGRAM	9:00AM YB - YELLOWBOOK	9:30AM LS - ANGER MANAGEMENT	10:00AM LS - LIFE SKILLS	10:00AM YB - YELLOWBOOK
10:00AM LS - LIFE SKILLS	9:30AM LS - ANGER MANAGEMENT	9:30AM VOC - CULINARY	9:30AM LS - ANGER MANAGEMENT	12:00PM LS - GENDER RESPONSIVE LS - LIFE SKILLS VOC - CUSTODIAL YB - YELLOWBOOK	12:30PM GEN - SUBSTANCE ABUSE
10:30AM VOC - CULINARY	10:00AM GEN - PERSONAL DEVELOPMENT LS - LIFE SKILLS GEN - DOG THERAPY	10:00AM LS - LIFE SKILLS YB - YELLOWBOOK LS - START PROGRAM GEN - DOG THERAPY	10:00AM GEN - EDUCATION LS - LIFE SKILLS		
11:00AM LS - ANGER MANAGEMENT	10:30AM VOC - CULINARY GEN - DOG THERAPY	10:30AM GEN - DOG THERAPY	11:00AM VOC - FASHION DESIGN		
12:00PM LS - GENDER RESPONSIVE LS - LIFE SKILLS VOC - CUSTODIAL LS - START PROGRAM	11:00AM GEN - DOG THERAPY	11:00AM GEN - DOG THERAPY	12:00PM LS - GENDER RESPONSIVE LS - HEALTH & FITNESS LS - LIFE SKILLS VOC - CUSTODIAL		
1:30PM LS - GENDER RESPONSIVE	11:30AM GEN - DOG THERAPY	11:30AM GEN - HEALTH & FITNESS	3:00PM GEN - RELEASE PREPARATION		
2:00PM LS - GENDER RESPONSIVE	12:00PM LS - GENDER RESPONSIVE LS - LIFE SKILLS VOC - CUSTODIAL LS - START PROGRAM	12:00PM GEN - PERSONAL DEVELOPMENT LS - LIFE SKILLS	7:00PM RVS - RELIGIOUS STUDIES		
3:00PM GEN - RELEASE PREPARATION	3:00PM GEN - RELEASE PREPARATION	1:00PM GEN - HEALTH & FITNESS			
3:30PM GEN - RELEASE PREPARATION	3:30PM GEN - TATTOO REMOVAL PROGRAM	2:30PM GEN - RELEASE PREPARATION			
6:00PM RVS - RELIGIOUS STUDIES		3:00PM GEN - PERSONAL DEVELOPMENT			
7:00PM LS - SUBSTANCE ABUSE RVS - RELIGIOUS STUDIES		6:00PM LS - SUBSTANCE ABUSE			
8:00PM RVS - RELIGIOUS STUDIES		7:00PM GEN - SUBSTANCE ABUSE			
		7:30PM GEN - SUBSTANCE ABUSE			

North County Correctional Facility (NCCF) Sample Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30AM VOC - COMMERCIAL PAINTING VOC - PRINTSHOP VOC - SEWING	6:30AM RVS - RELIGIOUS STUDIES VOC - PRINTSHOP VOC - SEWING	6:30AM VOC - PRINTSHOP VOC - SEWING	6:30AM VOC - PRINTSHOP VOC - SEWING	6:30AM VOC - PRINTSHOP VOC - SEWING
7:00AM VOC - CULINARY	7:00AM VOC - CULINARY	7:00AM VOC - CULINARY	7:00AM VOC - CULINARY	7:00AM VOC - CULINARY
8:00AM LS - ANGER MANAGEMENT LS - LIFE SKILLS LS - SUBSTANCE ABUSE	7:30AM VOC - COMMERCIAL PAINTING 8:00AM LS - ANGER MANAGEMENT LS - LIFE SKILLS LS - SUBSTANCE ABUSE	7:30AM VOC - COMMERCIAL PAINTING 8:00AM LS - LIFE SKILLS LS - SUBSTANCE ABUSE	8:00AM LS - ANGER MANAGEMENT LS - LIFE SKILLS	8:00AM LS - ANGER MANAGEMENT LS - LIFE SKILLS
12:00PM LS - ANGER MANAGEMENT LS - LIFE SKILLS LS - SUBSTANCE ABUSE	12:00PM LS - ANGER MANAGEMENT LS - LIFE SKILLS LS - SUBSTANCE ABUSE	12:00PM LS - ANGER MANAGEMENT LS - LIFE SKILLS	12:00PM LS - ANGER MANAGEMENT	12:00PM LS - ANGER MANAGEMENT LS - LIFE SKILLS
	3:00PM COL - SOCIOLOGY	4:00PM COL - SOCIOLOGY	2:00PM GEN - TATTOO REMOVAL PROGRAM TT - TEST 3:00PM LS - MRT 4:30PM GEN - TATTOO REMOVAL PROGRAM 8:00PM LS - LIFE SKILLS	

Pitchess Detention Center (PDC) Sample Schedule --- North

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30AM LS - ANGER MANAGEMENT	9:00AM LS - ANGER MANAGEMENT	9:00AM LS - ANGER MANAGEMENT LS - MRT	9:00AM LS - ANGER MANAGEMENT	9:00AM LS - ANGER MANAGEMENT
12:30PM LS - ANGER MANAGEMENT LS - LIFE SKILLS	12:00PM LS - ANGER MANAGEMENT	10:00AM LS - MRT 12:00PM LS - ANGER MANAGEMENT	12:00PM LS - ANGER MANAGEMENT	

Pitchess Detention Center (PDC) Sample Schedule---South

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30AM LS - IMPACT VOC - MEDIA	7:30AM LS - IMPACT VOC - MEDIA	7:30AM LS - IMPACT VOC - MEDIA	7:30AM LS - IMPACT VOC - MEDIA	7:00AM LS - IMPACT
8:00AM VOC - COMMERCIAL PAINTING VOC - BICYCLE VOC - NURSERY VOC - RECYCLING VOC - WELDING VOC - WOODWORKING BOT - PAINT CREW	8:00AM LS - PARENTING VOC - COMMERCIAL PAINTING BOT - WELDING VOC - BICYCLE VOC - NURSERY VOC - RECYCLING VOC - MASONRY VOC - WOODWORKING BOT - PAINT CREW	8:00AM VOC - COMMERCIAL PAINTING VOC - BICYCLE VOC - NURSERY VOC - RECYCLING VOC - WELDING VOC - WOODWORKING BOT - PAINT CREW	8:00AM VOC - COMMERCIAL PAINTING BOT - WELDING VOC - BICYCLE VOC - NURSERY VOC - RECYCLING VOC - MASONRY VOC - WOODWORKING BOT - PAINT CREW	8:00AM VOC - COMMERCIAL PAINTING VOC - MEDIA VOC - BICYCLE VOC - RECYCLING VOC - FARMING VOC - MASONRY VOC - WELDING VOC - WOODWORKING
8:30AM LS - ANGER MANAGEMENT LS - PARENTING	8:30AM LS - PARENTING LS - SUBSTANCE ABUSE	8:30AM LS - ANGER MANAGEMENT LS - PARENTING	8:30AM LS - PARENTING LS - SUBSTANCE ABUSE	8:30AM LS - ANGER MANAGEMENT LS - PARENTING
9:00AM BOT - CBI SUBSTANCE ABUSE	9:00AM BOT - PARENTING	9:00AM BOT - CBI SUBSTANCE ABUSE	9:00AM BOT - PARENTING	9:00AM BOT - CBI SUBSTANCE ABUSE
9:30AM BOT - INDIVIDUAL CASE PLAN	9:30AM BOT - INDIVIDUAL CASE PLAN	10:30AM BOT - THINKING FOR A CHANGE BOT - INDIVIDUAL CASE PLAN BOT - CBI SUBSTANCE ABUSE	9:30AM BOT - INDIVIDUAL CASE PLAN	10:30AM BOT - THINKING FOR A CHANGE
10:30AM BOT - THINKING FOR A CHANGE BOT - CBI SUBSTANCE ABUSE	12:30PM LS - PARENTING LS - IMPACT LS - SUBSTANCE ABUSE	12:30PM LS - ANGER MANAGEMENT LS - PARENTING LS - IMPACT	12:30PM LS - IMPACT LS - SUBSTANCE ABUSE	12:30PM LS - ANGER MANAGEMENT LS - PARENTING
12:30PM LS - ANGER MANAGEMENT LS - PARENTING LS - IMPACT	3:30PM LS - MRT COL - ENGLISH COL - PHILOSOPHY 101	2:00PM GEN - TATTOO REMOVAL PROGRAM	3:30PM COL - PHILOSOPHY 101	1:00PM LS - ANGER MANAGEMENT
3:30PM COL - ENGLISH		3:30PM GEN - TATTOO REMOVAL PROGRAM		
		5:00PM COL - ENGLISH		



START/SMART Program Schedule Men's Central Jail 2018

TIME	LOCATION	MONDAY	INSTRUCTOR
0630-0730	9504	HIGH SCHOOL	NEW OPPS. CHARTER SCH.
0700-0800		START	
0800-0900		START	
0900-1000		START	
1000-1100		START	
1100-1200		LUNCH	
1200-1300		TRANSGENDER EMPOWERMENT	CHJ
1430-1630	9504	ART CLASS (High School)	NEW OPPS. CHARTER SCH.
TIME	LOCATION	TUESDAY	INSTRUCTOR
0600-0700		9500 MANDATORY YELLOW BOOK (<i>BUNKS 1-44</i>)	EBI STAFF
0630-0730	9504	HIGH SCHOOL	NEW OPPS. CHARTER SCH.
0700-0800		MEDITATION	CHAPLAIN ZELLER (RVS)
0800-0900		BIBLE STUDY	DR. LEE (RVS)
0900-1000		START	
1000-1100		START	
1100-1200		LUNCH	
1200-1330		HARM REDUCTION (2 ND & 3 RD TUESDAYS)	FABIAN (CHJ)
TIME	LOCATION	WEDNESDAY	INSTRUCTOR
0600-0700		9500 MANDATORY YELLOW BOOK (<i>BUNKS 45-92</i>)	EBI STAFF
0630-0730	9504	HIGH SCHOOL	NEW OPPS. CHARTER SCH.
0700-0800		START	
0800-0900		START	
0900-1000		START	
1000-1100		START	
1100-1200		LUNCH	
1200-1500		KEEPIN IT REAL / HARM REDUCTION	FABIAN (CHJ)
TIME	LOCATION	THURSDAY	INSTRUCTOR
0600-0700		DOMESTIC VIOLENCE	CELIA (CHJ)
0630-0730	9504	HIGH SCHOOL	NEW OPPS. CHARTER SCH.
0800-0900		START	
0900-1000		START	
1000-1100		KEEPIN' IT REAL (1 ST /2 ND THURSDAY)	(CHJ)
1100-1200		LUNCH	
1200-1330		DRAMA WORK SHOP	STRINBERG LABORATORIES
TIME	LOCATION	FRIDAY	INSTRUCTOR
0600-0700		DOMESTIC VIOLENCE	CELIA (CHJ)
0700-0800		START	
0800-0900		START	
0900-1000		START	
1000-1100		START	
1100-1200		LUNCH	
1200-1400		MRT – MORAL RECONATION THERAPY	C.A. STARK