

LANCASTER STATION

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News Release

Leroy D. Baca, Sheriff

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As summer months heat up, so do tempers. Many assaults, especially those involving domestic violence, are the result of individuals who lose control of their anger. Here are some indicators to look for which may indicative of pending abusive behaviors, including assaults:

- Threats of violence
- Breaking or striking objects
- Use of force in sex
- Possessiveness and lack of trust
- Verbal abuse
- Jealousy
- Name calling and put-downs
- Unrealistic expectations
- Transference of blame for problems
- Physical force towards you or others
- Cruelty to animals and/or children

The Los Angeles County Sheriff's Department and the County of Los Angeles have resources available to help those in need.

Initially, during any emergency/or threat of a violent attack, call 9-1-1.

Additional organizations are available to assist before an assault occurs:

- Valley Oasis (661) 945-6736
- Association to Aid Victims of Domestic Violence (805) 259-4357
- Domestic Violence Hotline (800) 978-3600
- National Domestic Violence Hotline (800) 799-SAFE
- Mediation Resources (661) 579-8005

Resources are also available for individuals who have anger management issues. Contact these groups at: www.losangelesangermanagement.com

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Lancaster Sheriff's Station polices the City of Lancaster, Antelope Valley College in Lancaster, and the unincorporated communities of Antelope Acres, Lake Los Angeles, and Quartz Hill in the Antelope Valley

To receive detailed, up-to-date information directly from the LASD via e-mail, register for "Nixle" alerts at www.Nixle.com and register for "LASD - LancasterStation, Los Angeles County Sheriff" and also register for your local LASD station area. Or, text your zip code to 888777 to receive text alerts only. Standard text messaging rates may apply, depending on your calling plan.

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