

LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

HEIGHT-WEIGHT RELATIONSHIP: Although there are no minimum or maximum height requirements, the height-weight relationship of each applicant must either (1) fall within the ranges in the following table, or (2) if the applicant's height is not included on the table, found to be acceptable after individual evaluation. Height measurements are made without shoes. Weight measurements are made without shoes and coat. Applicants whose height falls between any of the measurements shown on the table must meet the weight requirements of the lower height. Individuals who do not meet the standard shall have their body fat measured. Female candidates whose body fat is 33% or less may qualify. Male candidates whose body fat is 22% or less may qualify.

MALE

<u>Height</u>	<u>Weight</u>	<u>Height</u>	<u>Weight</u>
5 ft. 0 in.	110 lbs. to 143 lbs.	5 ft. 10 in.	144 lbs. to 185 lbs.
5 ft. 1 in.	112 lbs. to 146 lbs.	5 ft. 11 in.	148 lbs. to 191 lbs.
5 ft. 2 in.	115 lbs. to 149 lbs.	6 ft. 0 in.	152 lbs. to 197 lbs.
5 ft. 3 in.	118 lbs. to 152 lbs.	6 ft. 1 in.	156 lbs. to 203 lbs.
5 ft. 4 in.	121 lbs. to 155 lbs.	6 ft. 2 in.	160 lbs. to 209 lbs.
5 ft. 5 in.	124 lbs. to 158 lbs.	6 ft. 3 in.	164 lbs. to 215 lbs.
5 ft. 6 in.	128 lbs. to 163 lbs.	6 ft. 4 in.	168 lbs. to 221 lbs.
5 ft. 7 in.	132 lbs. to 168 lbs.	6 ft. 5 in.	172 lbs. to 227 lbs.
5 ft. 8 in.	136 lbs. to 173 lbs.	6 ft. 6 in.	176 lbs. to 233 lbs.
5 ft. 9 in.	140 lbs. to 179 lbs.	6 ft. 7 in.	180 lbs. to 239 lbs.

FEMALE

<u>Height</u>	<u>Weight</u>	<u>Height</u>	<u>Weight</u>
5 ft. 0 in.	95 lbs. to 129 lbs.	5 ft. 10 in.	131 lbs. to 180 lbs.
5 ft. 1 in.	98 lbs. to 132 lbs.	5 ft. 11 in.	135 lbs. to 186 lbs.
5 ft. 2 in.	101 lbs. to 135 lbs.	6 ft. 0 in.	139 lbs. to 192 lbs.
5 ft. 3 in.	104 lbs. to 138 lbs.	6 ft. 1 in.	143 lbs. to 197 lbs.
5 ft. 4 in.	107 lbs. to 144 lbs.	6 ft. 2 in.	147 lbs. to 204 lbs.
5 ft. 5 in.	111 lbs. to 150 lbs.	6 ft. 3 in.	151 lbs. to 210 lbs.
5 ft. 6 in.	115 lbs. to 156 lbs.	6 ft. 4 in.	155 lbs. to 216 lbs.
5 ft. 7 in.	119 lbs. to 162 lbs.	6 ft. 5 in.	159 lbs. to 222 lbs.
5 ft. 8 in.	121 lbs. to 168 lbs.	6 ft. 6 in.	163 lbs. to 228 lbs.
5 ft. 9 in.	127 lbs. to 174 lbs.	6 ft. 7 in.	167 lbs. to 234 lbs.

I have read the Height/Weight requirements above and understand that I will not qualify for the position, if I do not meet the standards as indicated.

Print Name: _____

Signature: _____

Date: _____